

Swimming Pool Timetable

Sport and Active Health

Accurate as of 19/04/2026

Times for Tuesday 31 March



Time	Session	Facility
07:00 - 08:00	Lane Swimming (3 lanes)	Swimming Pool
08:00 - 10:00	Lane Swimming (4 lanes)	Swimming Pool
10:05 - 10:50	AL/S Aqua Exercise	Swimming Pool
11:05 - 11:50	AL/S Aqua Exercise	Swimming Pool
12:00 - 14:00	Lane Swimming (4 lanes)	Swimming Pool
14:00 - 16:00	Closed	Swimming Pool
16:00 - 21:30	Lane Swimming (4 lanes)	Swimming Pool