

# Swimming Pool Timetable

## Sport and Active Health

Accurate as of 11/05/2026

### Times for Tuesday 5 May



Time	Session	Facility
07:00 - 08:00	Lane Swimming (4 lanes)	Swimming Pool
08:00 - 10:00	Half and Half	Swimming Pool
10:05 - 10:50	AL/S Aqua Exercise	Swimming Pool
11:05 - 11:50	AL/S Aqua Exercise	Swimming Pool
12:00 - 14:00	Lane Swimming (4 lanes)	Swimming Pool
14:00 - 16:00	Closed	Swimming Pool
16:00 - 18:00	Lane Swimming (4 lanes)	Swimming Pool
18:00 - 19:30	Half and Half	Swimming Pool
19:30 - 21:30	Half and Half	Swimming Pool