

# Active Living Timetable

## Sport and Active Health

Accurate as of 18/06/2026

### Times for Wednesday 24 June



Time	Session	Facility	Instructor
09:10 - 09:55	Aerobics (Cancelled)	Studio 1	Paula
09:30 - 10:30	Circuit (Active Living)	Studio 1	Sharon
10:30 - 11:30	Pickleball	Sports Hall 2	No Teacher
10:40 - 11:40	Mat Yoga	Studio 2	Delia
11:30 - 12:30	Pickleball	Sports Hall 2	No Teacher