

Ketts Park Class Timetable

Ketts Park

Accurate as of 04/11/2025

Times for Friday 7 November



Time	Session	Facility	Instructor
12:30 pm - 1:30 pm	Fit for Life Stretch	Ketts Park Hall	Silvia
1:30 pm - 2:30 pm	Fit for Life Stretch	Ketts Park Hall	Silvia
3:30 pm - 4:30 pm	Fit for life - Dance	Ketts Park Hall	Chloe
4:30 pm - 5:30 pm	Zumba Gold	Ketts Park Hall	Chloe
6:00 pm - 7:00 pm	Pilates	Ketts Park Hall	Suzie