

Ketts Park Class Timetable

Ketts Park

Accurate as of 15/07/2026

Times for Friday 17 July				
Time	Session	Facility	Instructor	
12:30 pm - 1:30 pm	Fit for Life Stretch	Ketts Park Hall	Silvia	
1:30 pm - 2:30 pm	Fit for Life Stretch	Ketts Park Hall	Silvia	
3:30 pm - 4:30 pm	Fit for life - Dance	Ketts Park Hall	Chloe	
4:30 pm - 5:30 pm	Zumba Gold	Ketts Park Hall	Chloe	
6:00 pm - 7:00 pm	Pilates	Ketts Park Hall	Suzie	