

Class Timetable

Framingham Earl Sports Centre

Accurate as of 21/05/2024

Times for Tuesday 14 May



| Time | Session | Facility | Instructor |
|---------------|-----------------|--------------|------------|
| 18:00 - 19:00 | Boxercise | Dance Studio | Beccy |
| 18:30 - 19:30 | Vinyasa Yoga | Meeting Room | Maggie |
| 19:15 - 20:15 | Pump It | Dance Studio | Beccy |
| 19:30 - 20:30 | Relaxation Yoga | Meeting Room | Maggie |