

# Class Timetable

## Framingham Earl Sports Centre

Accurate as of 21/05/2024

### Times for Wednesday 15 May



Time	Session	Facility	Instructor
18:00 - 19:00	Aerobic Boost	Dance Studio	Christine
18:05 - 18:50	Pilates	Meeting Room	Rosie
19:00 - 20:00	Dance Works	Dance Studio	Christine
19:00 - 20:00	Vinyasa Yoga	Meeting Room	Lucia