

Class Timetable

Framingham Earl Sports Centre

Accurate as of 21/06/2026

Times for Tuesday 23 June



| Time | Session | Facility | Instructor |
|---------------|-------------------|--------------|------------|
| 18:00 - 19:00 | Dance Works | Dance Studio | Chrissy |
| 18:30 - 19:30 | Dynamic Flow Yoga | Meeting Room | Maggie |
| 19:00 - 20:00 | Pump It | Dance Studio | Beccy |