

# Class Timetable

## Framingham Earl Sports Centre

Accurate as of 27/07/2026

| Times for Monday 20 July |                   |              |            |
|--------------------------|-------------------|--------------|------------|
| Time                     | Session           | Facility     | Instructor |
| 18:00 - 19:00            | Pump It           | Dance Studio | Chloe      |
| 18:00 - 19:00            | Dynamic Flow Yoga | Meeting Room | Maggie     |
| 19:00 - 20:00            | Zumba Step        | Dance Studio | Chloe      |
| 19:00 - 20:00            | Pilates           | Meeting Room | Suzie      |
| 20:00 - 21:00            | Zumba Toning      | Dance Studio | Chloe      |