

Class Timetable

Framingham Earl Sports Centre

Accurate as of 22/07/2026

Times for Wednesday 22 July

Time	Session	Facility	Instructor
18:00 - 19:00	Zumba Step	Dance Studio	Chloe
18:05 - 19:00	Pilates	Meeting Room	Lucia
19:00 - 20:00	Zumba	Dance Studio	Chloe
19:00 - 20:00	Dynamic Flow Yoga	Meeting Room	Maggie