

# Class Timetable

## Framingham Earl Sports Centre

Accurate as of 08/08/2026

Times for Wednesday 12 August



| Time          | Session           | Facility     | Instructor |
|---------------|-------------------|--------------|------------|
| 18:00 - 19:00 | Zumba Step        | Dance Studio | Chloe      |
| 18:05 - 19:00 | Pilates           | Meeting Room | Rosie      |
| 19:00 - 20:00 | Dynamic Flow Yoga | Meeting Room | Rosie      |
| 19:00 - 20:00 | Zumba             | Dance Studio | Chloe      |