

Class Timetable

Framingham Earl Sports Centre

Accurate as of 11/09/2026

Times for Tuesday 15 September			
Time	Session	Facility	Instructor
18:00 - 19:00	Dance Works	Dance Studio	Chrissy
18:30 - 19:30	Dynamic Flow Yoga	Meeting Room	Maggie
19:00 - 20:00	Pump It	Dance Studio	Beccy