

Class Timetable

Framingham Earl Sports Centre

Accurate as of 23/09/2026

Times for Thursday 24 September

Time	Session	Facility	Instructor
18:00 - 19:00	Yogalates	Meeting Room	Rosie
18:00 - 19:00	Pump It	Dance Studio	Donna
19:00 - 20:00	Pilates	Meeting Room	Rosie
19:05 - 20:00	Combat	Dance Studio	Donna