

# Class Timetable

## Framingham Earl Sports Centre

Accurate as of 23/09/2026

Times for Saturday 26 September



| Time          | Session           | Facility     | Instructor |
|---------------|-------------------|--------------|------------|
| 08:45 - 09:30 | Strength Circuits | Main Hall    | Beccy      |
| 09:00 - 10:00 | Zumba Toning      | Dance Studio | Chloe      |
| 09:00 - 10:00 | Yogalates         | Meeting Room | Rosie      |
| 10:00 - 11:00 | Zumba             | Dance Studio | Chloe      |