

Class Timetable

Framingham Earl Sports Centre

Accurate as of 30/10/2026

Times for Monday 2 November				
Time	Session	Facility	Instructor	
18:00 - 19:00	Pump It	Dance Studio	Chloe	
18:00 - 19:00	Yogalates	Meeting Room	Rosie	
19:00 - 20:00	Zumba Step	Dance Studio	Chloe	
19:00 - 20:00	Pilates	Meeting Room	Rosie	
20:00 - 21:00	Zumba Toning	Dance Studio	Chloe	