

Class Timetable

Framingham Earl Sports Centre

Accurate as of 30/10/2026

Times for Wednesday 4 November

Time	Session	Facility	Instructor
18:00 - 19:00	Zumba Step	Dance Studio	Chloe
18:05 - 19:00	Pilates	Meeting Room	Rosie
19:00 - 20:00	Dynamic Flow Yoga	Meeting Room	Rosie
19:00 - 20:00	Zumba	Dance Studio	Chloe