Class Timetable

Framingham Earl Sports Centre

Accurate as of 30/10/2026

Times for Thursday 5 November

Time	Session	Facility	Instructor
18:00 - 19:00	Yogalates	Meeting Room	Rosie
18:00 - 19:00	Pump It	Dance Studio	Donna
19:00 - 20:00	Pilates	Meeting Room	Rosie
19:05 - 20:00	Combat	Dance Studio	Donna