Class Timetable

Framingham Earl Sports Centre

Accurate as of 23/11/2026

Times for Saturday 7 November

Time	Session	Facility	Instructor
08:45 - 09:30	Strength Circuits	Main Hall	Beccy
09:00 - 10:00	Zumba Toning	Dance Studio	Chloe
09:00 - 10:00	Yogalates	Meeting Room	Rosie
10:00 - 11:00	Zumba	Dance Studio	Chloe