Class Timetable

Framingham Earl Sports Centre

Accurate as of 10/11/2026

Times for Monday 16 November

Time	Session	Facility	Instructor
18:00 - 19:00	Pump It	Dance Studio	Chloe
18:00 - 19:00	Yogalates	Meeting Room	Rosie
19:00 - 20:00	Zumba Step	Dance Studio	Chloe
19:00 - 20:00	Pilates	Meeting Room	Rosie
20:00 - 21:00	Zumba Toning	Dance Studio	Chloe