

# Class Timetable

## Diss Swim Centre

Accurate as of 20/04/2026

### Times for Tuesday 14 April



Time	Session	Facility
08:15 - 09:00	Aqua Fit	Main Pool
11:45 - 12:30	Aqua Zumba	Main Pool
18:00 - 19:00	Junior Swim Fit	Main Pool
18:00 - 19:00	Swim Fit	Main Pool
19:15 - 20:00	Aqua Zumba	Main Pool