Class Timetable

Diss Swim Centre

Accurate as of 16/11/2026

Times for Tuesday 17 November

Time	Session	Facility
08:15 - 09:00	Aqua Fit	Main Pool
11:45 - 12:30	Aqua Zumba	Main Pool
18:00 - 19:00	Junior Swim Fit	Main Pool
18:00 - 19:00	Swim Fit	Main Pool
19:15 - 20:00	Aqua Zumba	Main Pool