Class Timetable

Wymondham Leisure Centre

Accurate as of 03/11/2026

Times for Sunday 8 November

Time	Session	Facility	Instructor
08:00 - 08:45	Aqua Fit	Main Pool	Silvia
09:00 - 09:45	Studio Cycling	Studio 1	Alex
09:00 - 10:00	Yogalates	Studio 3	Suzie
10:00 - 11:00	Body Combat	Studio 3	Lisa
11:00 - 12:00	Body Pump	Studio 2	Lisa