

# Classes

## Dimensions Leisure Centre

Accurate as of 17/05/2025

### Times for Wednesday 29 March



Time	Session	Facility
4:30 pm - 5:15 pm	Spinning	Spinning Studio
5:30 pm - 6:15 pm	Spinning	Spinning Studio
6:00 pm - 7:00 pm	Total Body Workout	Fitness Studio Upstairs
7:00 pm - 8:00 pm	Barbell Burn	Fitness Studio Upstairs