


Classes

Dimensions Leisure Centre

Accurate as of 20/05/2024

Times for Friday 3 May			
Time	Session	Facility	
10:00 am - 11:00 am	Chair Based Class	Fitness Studio Upstairs	
5:00 pm - 5:45 pm	Spinning	Spinning Studio	
5:30 pm - 6:30 pm	Circuits	Fitness Studio Upstairs	