

# Classes

## Dimensions Leisure Centre

Accurate as of 09/05/2024

### Times for Friday 3 May



Time	Session	Facility
10:00 am - 11:00 am	Chair Based Class	Fitness Studio Upstairs
5:00 pm - 5:45 pm	Spinning	Spinning Studio
5:30 pm - 6:30 pm	Circuits	Fitness Studio Upstairs