

# Pool Timetable

## Wymondham Leisure Centre

Accurate as of 22/08/2026

| Times for Wednesday 26 August |                            |              |  |
|-------------------------------|----------------------------|--------------|-------------------------------------------------------------------------------------|
| Time                          | Session                    | Facility     |                                                                                     |
| 06:30 - 08:10                 | Lane swim                  | Main Pool    |                                                                                     |
| 08:15 - 09:00                 | Aqua Fit                   | Main Pool    |                                                                                     |
| 08:30 - 10:30                 | Swim School                | Learner Pool |                                                                                     |
| 09:15 - 11:15                 | Lane Swim (3 Single Lanes) | Main Pool    |                                                                                     |
| 09:15 - 11:15                 | NPLQ Course                | Main Pool    |                                                                                     |
| 11:30 - 12:30                 | Fun & Float                | Main Pool    |                                                                                     |
| 11:30 - 12:30                 | Family Swim                | Learner Pool |                                                                                     |
| 12:45 - 14:15                 | Kids Camp                  | Main Pool    |                                                                                     |
| 12:45 - 14:15                 | Kids Camp                  | Learner Pool |                                                                                     |
| 14:30 - 15:30                 | Support Swim               | Main Pool    |                                                                                     |
| 15:45 - 18:15                 | Swim School                | Main Pool    |                                                                                     |
| 15:45 - 18:15                 | Swim School                | Learner Pool |                                                                                     |
| 18:30 - 19:30                 | Family Swim                | Learner Pool |                                                                                     |
| 18:30 - 19:45                 | Lane swim                  | Main Pool    |                                                                                     |
| 20:00 - 22:00                 | Water Polo                 | Main Pool    |                                                                                     |