Class Timetable

Long Stratton Leisure Centre

Accurate as of 24/11/2026

Times for Friday 6 November

Time	Session	Facility
07:30 - 08:00	BoxFit	Gym (53453)
08:00 - 09:00	Pilates	Studio
09:15 - 10:00	Circuits	Studio
10:00 - 11:00	Zumba	Studio
12:00 - 13:00	Fit for Life	Studio
13:30 - 14:30	Chair based Circuits	Studio
18:00 - 18:45	Dance & Tone	Studio
19:00 - 20:00	Pilates	Studio