Class Timetable

Long Stratton Leisure Centre

Accurate as of 23/11/2026

Times for Tuesday 24 November

Time	Session	Facility
08:00 - 09:00	Beginners Yoga	Studio
09:15 - 10:15	Totally Shredded	Studio
10:15 - 11:00	Pilates	Studio
11:00 - 12:00	Zumba	Studio
12:00 - 13:00	Lunch Time Yoga	Studio
18:00 - 18:45	Studio Cycling	Studio
19:00 - 20:00	Zumba	Studio