

The Spa

Fullwell Cross Leisure Centre

Accurate as of 21/06/2026

Times for Tuesday 19 August



Time	Session
09:00 - 11:00	Women Only
11:30 - 13:30	Women Only
14:00 - 16:00	Women Only
16:30 - 18:30	Mixed
19:00 - 21:00	Mixed