

# Fitness Classes

## ELA Active Chesterton

Accurate as of 24/05/2026

### Times for Friday 29 May



Time	Session	Facility
06:30 - 07:15	Studio Cycling	Dance Studio
09:00 - 10:00	Tempo	Dance Studio
10:00 - 11:00	Mobility	Dance Studio
18:00 - 19:00	Yoga	Dance Studio