

Fitness Classes

ELA Active Chesterton

Accurate as of 22/08/2026

Times for Friday 28 August

Time	Session	Facility
06:30 - 07:15	Studio Cycling	Dance Studio
09:00 - 10:00	Tempo	Dance Studio
10:00 - 11:00	Mobility	Dance Studio
18:00 - 19:00	Yoga	Dance Studio