

# Rivers Group Exercise

## Droitwich Spa Leisure Centre

Accurate as of 12/06/2026

### Times for Saturday 13 June



Time	Session	Facility
08:45 - 09:15	GRIT™ Cardio	Studio 2
09:30 - 10:30	Yoga	Squash Court 2
09:30 - 10:30	Body Pump	Studio 2