

Pool Timetable

Diss Swim Centre

Accurate as of 30/04/2026

Times for Sunday 3 May



| Time | Session | Facility |
|---------------|-------------|--------------|
| 08:30 - 09:30 | Diss Otters | Main Pool |
| 09:45 - 10:45 | Family Swim | Learner Pool |
| 09:45 - 11:45 | All Welcome | Main Pool |
| 10:45 - 11:45 | Family Swim | Learner Pool |
| 12:00 - 13:00 | Fun & Float | Main Pool |
| 12:00 - 13:00 | Fun & Float | Learner Pool |
| 13:15 - 14:15 | Family Swim | Learner Pool |
| 13:15 - 15:30 | Lane swim | Main Pool |