

Pool Timetable

Diss Swim Centre

Accurate as of 14/07/2026

Times for Sunday 19 July

Time	Session	Facility
08:30 - 09:30	Diss Otters	Main Pool
09:45 - 10:45	Family Swim	Learner Pool
09:45 - 11:45	All Welcome	Main Pool
10:45 - 11:45	Family Swim	Learner Pool
12:00 - 13:00	Fun & Float	Main Pool
12:00 - 13:00	Fun & Float	Learner Pool
13:15 - 14:15	Family Swim	Learner Pool
13:15 - 15:30	Lane swim	Main Pool