

Pool Timetable

Diss Swim Centre

Accurate as of 26/07/2026

Times for Saturday 1 August

Time	Session	Facility
07:30 - 08:25	Lane swim	Main Pool
08:30 - 13:00	Swim School	Main Pool
08:30 - 13:00	Swim School	Learner Pool
13:15 - 14:15	Fun & Float	Main Pool
13:15 - 14:15	Fun & Float	Learner Pool
14:30 - 15:30	All Welcome	Main Pool
14:30 - 15:30	Family Swim	Learner Pool
15:30 - 16:30	Lane swim	Main Pool