

Pool Timetable

Diss Swim Centre

Accurate as of 29/08/2026

Times for Monday 31 August

Time	Session	Facility
10:00 - 10:45	Aqua Fit	Main Pool
11:00 - 12:00	Family Swim	Learner Pool
11:00 - 12:45	All Welcome	Main Pool
13:00 - 14:00	Fun & Float	Main Pool
13:00 - 14:00	Fun & Float	Learner Pool
14:15 - 15:30	Lane swim	Main Pool
15:45 - 17:45	Swim School	Main Pool
15:45 - 17:45	Swim School	Learner Pool