Pool Timetable

Diss Swim Centre

Accurate as of 22/11/2026

Times for Wednesday 4 November

Time	Session	Facility
06:00 - 08:00	Lane swim	Main Pool
08:15 - 09:00	Aqua Fit	Main Pool
09:00 - 10:00	Family Swim	Learner Pool
09:10 - 11:55	Lane Swim (1 double width, 2 single width)	Main Pool
10:00 - 11:00	Family Swim	Learner Pool
11:30 - 12:30	Swim School	Learner Pool
12:00 - 13:15	Lane swim	Main Pool
13:30 - 14:30	School Swimming	Main Pool
14:30 - 17:45	Swim School	Main Pool
15:45 - 17:45	Swim School	Learner Pool
17:50 - 18:50	Lane swim	Main Pool
17:50 - 18:50	Family Swim	Learner Pool
19:00 - 21:00	Diss Otters	Main Pool
21:00 - 21:45	Lane Swim (6 Single Lanes)	Main Pool