Pool Timetable

Diss Swim Centre

Accurate as of 14/11/2026

Times for Thursday 19 November

Time	Session	Facility
06:00 - 08:00	Lane swim	Main Pool
08:15 - 09:00	Aqua Fit	Main Pool
09:15 - 11:30	School Swimming	Main Pool
11:45 - 13:15	Lane swim	Main Pool
12:15 - 13:15	Family Swim	Learner Pool
13:30 - 14:30	School Swimming	Main Pool
14:50 - 15:40	Lane swim	Main Pool
15:45 - 17:45	Swim School	Main Pool
15:45 - 17:45	Swim School	Learner Pool
17:50 - 18:40	All Welcome	Main Pool
17:50 - 18:40	Family Swim	Learner Pool
18:45 - 19:30	Aqua Fit	Main Pool
19:30 - 20:45	Diss Otters	Main Pool
20:45 - 21:45	Lane Swim (6 Single Lanes)	Main Pool