

# Fit for Free

## Community Sports

Accurate as of 17/04/2026

### Times for Tuesday 21 April



| Time          | Session                    | Facility                |
|---------------|----------------------------|-------------------------|
| 08:00 - 09:00 | Fit for Free swimming      | NL Active Ancholme      |
| 08:00 - 11:00 | Fit for Free swimming      | NL Active Baysgarth     |
| 09:00 - 11:00 | Fit for Free gym           | NL Active Winterton     |
| 09:00 - 11:00 | Fit for Free swimming      | NL Active Axholme North |
| 09:30 - 11:00 | Fit for Free swimming      | NL Active Riddings      |
| 11:00 - 15:00 | Fit for Free gym           | NL Active Ancholme      |
| 11:00 - 15:00 | Fit for Free gym           | NL Active Axholme North |
| 11:00 - 15:00 | Fit for Free gym           | NL Active Baysgarth     |
| 11:00 - 15:00 | Fit for Free gym           | NL Active Epworth       |
| 11:00 - 15:00 | Fit for Free gym           | NL Active Riddings      |
| 11:00 - 15:00 | Fit for Free gym           | NL Active The Pods      |
| 11:00 - 15:00 | Fit for Free swimming      | NL Active Ancholme      |
| 11:00 - 15:00 | Fit for Free swimming      | NL Active Axholme North |
| 11:00 - 15:00 | Fit for Free swimming      | NL Active Baysgarth     |
| 11:00 - 15:00 | Fit for Free swimming      | NL Active Riddings      |
| 11:00 - 15:00 | Fit for Free swimming      | NL Active The Pods      |
| 11:00 - 15:00 | Fit for Free virtual class | NL Active Ancholme      |
| 11:00 - 15:00 | Fit for Free virtual class | NL Active Epworth       |
| 11:00 - 15:00 | Fit for Free virtual class | NL Active The Pods      |
| 15:00 - 16:00 | Fit for Free swimming      | NL Active Ancholme      |