

Fit for Free

Community Sports

Accurate as of 17/04/2026

Times for Thursday 23 April



Time	Session	Facility
08:00 - 09:00	Fit for Free swimming	NL Active Ancholme
08:00 - 11:00	Fit for Free swimming	NL Active Baysgarth
09:00 - 11:00	Fit for Free gym	NL Active Winterton
09:00 - 11:00	Fit for Free swimming	NL Active Axholme North
09:30 - 11:00	Fit for Free swimming	NL Active Riddings
10:00 - 12:00	Fit for Free table tennis & short mat bowls	NL Active Baysgarth
11:00 - 15:00	Fit for Free gym	NL Active Ancholme
11:00 - 15:00	Fit for Free gym	NL Active Axholme North
11:00 - 15:00	Fit for Free gym	NL Active Baysgarth
11:00 - 15:00	Fit for Free gym	NL Active Epworth
11:00 - 15:00	Fit for Free gym	NL Active Riddings
11:00 - 15:00	Fit for Free gym	NL Active The Pods
11:00 - 15:00	Fit for Free swimming	NL Active Ancholme
11:00 - 15:00	Fit for Free swimming	NL Active Axholme North
11:00 - 15:00	Fit for Free swimming	NL Active Baysgarth
11:00 - 15:00	Fit for Free swimming	NL Active Riddings
11:00 - 15:00	Fit for Free swimming	NL Active The Pods
11:00 - 15:00	Fit for Free virtual class	NL Active Ancholme
11:00 - 15:00	Fit for Free virtual class	NL Active Epworth
11:00 - 15:00	Fit for Free virtual class	NL Active The Pods
15:00 - 16:00	Fit for Free swimming	NL Active Ancholme