

Fit for Free

Community Sports

Accurate as of 18/06/2026

Times for Friday 19 June



| Time | Session | Facility |
|---------------|----------------------------|-------------------------|
| 08:00 - 09:00 | Fit for Free swimming | NL Active Ancholme |
| 08:00 - 10:00 | Fit for Free swimming | NL Active Baysgarth |
| 09:00 - 11:00 | Fit for Free gym | NL Active Winterton |
| 09:00 - 11:00 | Fit for Free swimming | NL Active Axholme North |
| 09:30 - 11:00 | Fit for Free swimming | NL Active Riddings |
| 11:00 - 15:00 | Fit for Free gym | NL Active Ancholme |
| 11:00 - 15:00 | Fit for Free gym | NL Active Axholme North |
| 11:00 - 15:00 | Fit for Free gym | NL Active Baysgarth |
| 11:00 - 15:00 | Fit for Free gym | NL Active Epworth |
| 11:00 - 15:00 | Fit for Free gym | NL Active Riddings |
| 11:00 - 15:00 | Fit for Free gym | NL Active The Pods |
| 11:00 - 15:00 | Fit for Free swimming | NL Active Ancholme |
| 11:00 - 15:00 | Fit for Free swimming | NL Active Axholme North |
| 11:00 - 15:00 | Fit for Free swimming | NL Active Baysgarth |
| 11:00 - 15:00 | Fit for Free swimming | NL Active Riddings |
| 11:00 - 15:00 | Fit for Free swimming | NL Active The Pods |
| 11:00 - 15:00 | Fit for Free virtual class | NL Active Ancholme |
| 11:00 - 15:00 | Fit for Free virtual class | NL Active Epworth |
| 11:00 - 15:00 | Fit for Free virtual class | NL Active The Pods |
| 15:00 - 16:00 | Fit for Free swimming | NL Active Ancholme |