Riverside Group Exercise Timetable

Riverside Leisure Centre

Accurate as of 17/11/2026

Times for Saturday 21 November

Time	Session	Facility	Instructor
09:00 - 10:00	BodyCombat ™	Studio 1	Jenette
10:00 - 11:00	BodyPump ™	Studio 1	Jenette
11:00 - 12:00	BodyBalance ™	Studio 1	Jenette