

Swimming Pool Timetable

Frank Lee Centre

Accurate as of 19/08/2026

Times for Wednesday 19 August

Time	Session
07:00 - 14:00	Adult Lane Swimming. 3 Lanes
14:00 - 16:00	Family Swim - 1 Adult Lane open
16:00 - 20:00	Adult Lane Swimming. 3 Lanes
20:00 - 21:45	Water Polo (Pool, Sauna & Steam room CLOSED)