

Swimming Pool Timetable

Frank Lee Centre

Accurate as of 19/08/2026

Times for Tuesday 25 August	
Time	Session
07:00 - 14:00	Adult Lane Swimming. 3 Lanes
14:00 - 16:00	Family Swim - 1 Adult Lane open
16:00 - 18:15	Adult Lane Swimming. 3 Lanes
18:15 - 19:00	Aqua Aerobics (Shallow End) - No Lane Swimming.
19:00 - 21:45	Adult Lane Swimming. 3 Lanes