

Les Mills Virtual

Droitwich Spa Leisure Centre

Accurate as of 12/06/2026

Times for Saturday 13 June



Time	Session	Facility
08:00 - 08:30	BODYBALANCE™ Virtual	Studio 2
10:45 - 11:45	BODYPUMP™ Virtual	Studio 2
12:00 - 13:00	BODYCOMBAT™ Virtual	Studio 2
13:10 - 13:55	CORE™ Virtual	Studio 2
14:00 - 14:30	GRIT™ Athletic	Studio 2
14:45 - 15:30	BODYPUMP™ Virtual	Studio 2
15:45 - 16:45	BODYATTACK™	Studio 2
16:55 - 17:55	BODYBALANCE™ Virtual	Studio 2
18:05 - 18:55	BODYCOMBAT™ Virtual	Studio 2
19:00 - 19:30	GRIT™ Strength	Studio 2