

Les Mills Virtual

Droitwich Spa Leisure Centre

Accurate as of 27/07/2026

Times for Tuesday 28 July



Time	Session	Facility
06:35 - 07:20	BODYPUMP™ Virtual	Studio 2
07:35 - 08:05	GRIT™ Athletic	Studio 2
08:10 - 09:10	BODYCOMBAT™ Virtual	Studio 2
10:40 - 11:25	BODYPUMP™ Virtual	Studio 2
13:00 - 14:00	BODYATTACK™	Studio 2
14:10 - 14:55	CORE™ Virtual	Studio 2
15:10 - 16:10	BODYPUMP™ Virtual	Studio 2
16:20 - 17:20	BODYCOMBAT™ Virtual	Studio 2
17:30 - 18:15	LES MILLS DANCE™ Virtual	Studio 2
20:10 - 21:10	BODYATTACK™	Studio 2
21:20 - 22:50	GRIT™ Strength	Studio 2