

Lings Forum Swimming Timetable

Lings Forum Leisure Centre

Accurate as of 05/05/2024

Times for Thursday 21 February

Time	Session
06:45 - 09:00	old not in use Swim (Lanes 14+)
09:00 - 10:00	Swim Camps
10:00 - 11:00	Playscheme - not open to public
11:00 - 13:00	old not in use General swim (1 lane for training 1100-1300)
13:30 - 15:30	#SPLASH(0-16yrs)
16:00 - 18:30	Trilogy Swim School
18:30 - 20:00	Old not in use Evening Swim (Lanes 14+)
20:00 - 20:45	Water Works (Aqua Aerobics) 14+