## **Mounts Baths Swimming Timetable Mounts Baths Leisure Centre**

Accurate as of 03/05/2024

| Times for Thursday 14 February |                             |               |
|--------------------------------|-----------------------------|---------------|
| Time                           | Session                     | Facility      |
| 07:00 - 08:00                  | 11+ Fitness Swim            | Main Pool 30m |
| 08:15 - 09:15                  | 11+ Fitness Swim            | Main Pool 30m |
| 11:45 - 13:00                  | 11+ Fitness Swim            | Main Pool 30m |
| 16:00 - 18:45                  | Trilogy Swim School         | Main Pool 30m |
| 19:30 - 20:15                  | Aqua Aerobics (Shallow) 14+ | Main Pool 30m |
| 20:00 - 20:45                  | Aqua Deep 14+               | Main Pool 30m |