


# Mounts Baths Swimming Timetable

## Mounts Baths Leisure Centre

Accurate as of 10/05/2024

Times for Monday 15 April			
Time	Session	Facility	
07:00 - 09:00	Early Bird Swim 14+ (shared with crash courses from 8am)	Main Pool 30m	
08:00 - 10:00	Swim Camps	Toddler Pool 20m	
09:00 - 10:00	General Swim Peak Shared with Swim Camps	Main Pool 30m	
10:00 - 10:45	Aqua Aerobics 14+	Main Pool 30m	
10:45 - 11:30	Aquacize	Toddler Pool 20m	
11:00 - 12:00	50+ Swimming	Main Pool 30m	
11:30 - 13:00	Trilogy Swim School Infants	Toddler Pool 20m	
12:00 - 13:30	Lunchtime Swim (14+)	Main Pool 30m	
13:30 - 18:00	Family Friendly Swim (no unaccompanied children)	Toddler Pool 20m	
13:30 - 20:00	General Swim	Main Pool 30m	
20:00 - 22:00	Old not in use Evening Swim (Lanes 14+)	Main Pool 30m	