

# Mounts Baths Swimming Timetable

## Mounts Baths Leisure Centre

Accurate as of 13/05/2024

Times for Tuesday 16 April			
Time	Session	Facility	
07:00 - 09:00	Early Bird Swim 14+ (shared with crash courses from 8am)	Main Pool 30m	
08:00 - 10:00	Swim Camps	Toddler Pool 20m	
09:00 - 10:00	General Swim Peak Shared with Swim Camps	Main Pool 30m	
10:00 - 12:00	Ladies Only Swim 16+	Main Pool 30m	
12:00 - 13:30	Lunchtime Swim (14+)	Main Pool 30m	
13:30 - 20:00	General Swim	Main Pool 30m	
14:00 - 16:00	Family Friendly Swim	Toddler Pool 20m	
20:00 - 20:45	Aqua Aerobics (Shallow & Deep Classes) 14+	Main Pool 30m	
20:45 - 22:00	Old not in use Evening Swim (Lanes 14+)	Main Pool 30m	