

# Mounts Baths Swimming Timetable

## Mounts Baths Leisure Centre

Accurate as of 02/05/2024

### Times for Thursday 4 July



Time	Session	Facility
07:00 - 08:00	11+ Fitness Swim	Main Pool 30m
08:15 - 09:15	11+ Fitness Swim	Main Pool 30m
11:45 - 13:00	11+ Fitness Swim	Main Pool 30m
16:00 - 18:45	Trilogy Swim School	Main Pool 30m
19:30 - 20:15	Aqua Aerobics (Shallow) 14+	Main Pool 30m
20:00 - 20:45	Aqua Deep 14+	Main Pool 30m